



**db** **Team Building and Training** **BLUE MOUNTAIN**

**Team Building**

<p><b>Minimum:</b> 8  <b>Maximum:</b> N/A  <b>Duration:</b> 1.5 to 2.5 hours  <b>Cost:</b> from \$80.00 per person (minimum charge of \$1,600)  <b>Includes:</b> Facilitated check points, Rules of Engagement, After race debriefing</p>	<p><b>Village Challenge</b></p> <ul style="list-style-type: none"> <li>An orienteering challenge empowering teams to navigate through strategically placed checkpoints completing tasks.</li> </ul>
<p><b>Minimum:</b> 8  <b>Maximum:</b> N/A  <b>Duration:</b> 3 hours  <b>Cost:</b> from \$130.00 per person (minimum charge of \$2,600)  <b>Includes:</b> Facilitated check points, Rules of Engagement, after race debriefing</p>	<p><b>Eco Challenge</b></p> <ul style="list-style-type: none"> <li>Similar to the Village Challenge (listed above), yet with an expanded area and venues including the top of Blue Mountain.</li> <li>Added elements can include a Hummer Shuttle, a 1,000 foot zipline, climbing wall, suspension bridge and Scenic Caves.</li> </ul>
<p><b>Minimum:</b> 8  <b>Maximum:</b> N/A  <b>Duration:</b> 1 to 3 hours  <b>Cost:</b> from \$50.00 per person (min. charge of \$800.00)  <b>Includes:</b> Facilitator, team cameras, photo cd memento</p>	<p><b>Photo Rally</b></p> <ul style="list-style-type: none"> <li>Each team is given a camera and a list of checkpoints to navigate.</li> <li>Photos are collected and scored.</li> <li>A DVD will be provided to the group.</li> </ul>
<p><b>Minimum:</b> 6  <b>Maximum:</b> N/A  <b>Duration:</b> 3 hours  <b>Cost:</b> from \$55.00 per person (minimum charge of \$800)  <b>Includes:</b> Facilitator</p>	<p><b>Corporate Challenges</b></p> <ul style="list-style-type: none"> <li>Indoor initiatives to meet your team's objectives ranging from workplace simulations to creative activities with meaningful results.</li> </ul>
<p><b>Minimum:</b> 10  <b>Maximum:</b> N/A  <b>Duration:</b> 3 hours  <b>Cost:</b> from \$85.00 per person  <b>Includes:</b> Facilitator and Equipment</p>	<p><b>Mini Olympics</b></p> <ul style="list-style-type: none"> <li>Modified to suit any environment (indoor or outdoor).</li> <li>Fun, spirited, team competition.</li> </ul>



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<p><b>Minimum:</b> 10  <b>Maximum:</b> 50  <b>Duration:</b> 2 hours  <b>Cost:</b> from \$75.00 per person  <b>Includes:</b> Facilitator, GPS hand held units</p>	<p><b>Geo-Cache (outdoor)</b></p> <ul style="list-style-type: none"> <li>Using GPS units, participants work as a team to find each hidden cache.</li> <li>Can be customized to meet the different fitness levels of the group.</li> </ul>
<p><b>Minimum:</b> 8  <b>Maximum:</b> 80  <b>Duration:</b> 2 hours  <b>Cost:</b> from \$75.00 per person (minimum charge of \$2,000)  <b>Includes:</b> Facilitator and Equipment</p>	<p><b>Low Ropes</b></p> <ul style="list-style-type: none"> <li>Our Challenging Rope course is a series of carefully designed, interactive events in which groups are able to directly address issues of leadership, teamwork, communication, outside-the-box thinking, diversity, risk, commitment in a safe, contained environment.</li> <li>The ropes course focuses on cooperative effort from groups and requires teams to communicate, strategize, collaborate, delegate, lead, follow, respect differences, and pool resources to succeed in reaching a common goal.</li> </ul>
<p><b>Minimum:</b> 6  <b>Maximum:</b> N/A  <b>Duration:</b> 2 hours  <b>Cost:</b> from \$1,500 (combined with LIFO Assessment)  <b>Includes:</b> Facilitator and Material</p>	<p><b>Effective Teams</b></p> <ul style="list-style-type: none"> <li>Participants gain a greater insight into team development through a progression of interactive hands-on challenges that encourage them to work together effectively in order to create and implement solutions.</li> <li>There will be a focus on issues to be addressed as a team not issues with individuals.</li> </ul>
<p><b>Minimum:</b> N/A  <b>Maximum:</b> N/A  <b>Duration:</b> 3 hours  <b>Cost:</b> \$110.00 per person  <b>Includes:</b> Facilitator, Personalized booklet with LIFO® Assessment</p>	<p><b>LIFO® Program (recommended to be combined with Effective Teams)</b></p> <ul style="list-style-type: none"> <li>LIFO® Assessments focuses on strengths -- on what's right about leaders, teams, and individuals. It begins by identifying each person's basic orientation to life and work.</li> <li>Based on this information, it offers powerful learning strategies for greater personal productivity, increased influence with key people, and more effective teamwork.</li> </ul>



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<p><b>Minimum:</b> 6  <b>Maximum:</b> N/A  <b>Duration:</b> 1.5 to 2 hours  <b>Cost:</b> from \$1,500 + \$25.00 per person  <b>Includes:</b> Facilitator and Materials</p>	<p><b>Personality Dimensions</b></p> <ul style="list-style-type: none"> <li>• A fun, interactive and non-threatening tool designed to help individuals understand their behaviour as well as their co-workers in areas such as conflict resolution and interpersonal communications.</li> </ul>
<p><b>Minimum:</b> 6  <b>Maximum:</b> N/A  <b>Duration:</b> 1.5 to 2 hours  <b>Cost:</b> from \$1,500 + \$25.00 per person  <b>Includes:</b> Facilitator and Materials</p>	<p><b>FISH Philosophy</b></p> <ul style="list-style-type: none"> <li>• An inspiring approach to your work environment that promotes energy, creativity and teamwork.</li> <li>• This philosophy challenges, beliefs about work and what is possible, a catalyst for all participants for continuous improvement and change.</li> </ul>
<p><b>Minimum:</b> 8  <b>Maximum:</b> N/A  <b>Duration:</b> 2 hours  <b>Cost:</b> from \$1,000 + \$50.00 per person  <b>Includes:</b></p>	<p><b>Survival Simulations (White Water)</b></p> <ul style="list-style-type: none"> <li>• A safe means of experiencing adventure situations that challenge participants to focus on making consensus decisions and managing different viewpoints and perspectives.</li> <li>• An opportunity to explore group dynamics in a non-threatening environment.</li> </ul>
<p><b>Minimum:</b> 8  <b>Maximum:</b> 40  <b>Duration:</b> 1 to 2 hours  <b>Cost:</b> from \$35.00 + \$500.00 chef fee  <b>Includes:</b> Chef, Instructions, Ingredients, Samples and Recipe</p>	<p><b>Iron Chef</b></p> <ul style="list-style-type: none"> <li>• A fun, yet competitive event where teams compete in a single food format with a prompt start and finish time and are judged by an expert taster.</li> </ul>
<p><b>Minimum:</b> 8  <b>Maximum:</b> 72  <b>Duration:</b> 4 hours  <b>Cost:</b> from \$100.00 per person + Green Fees  <b>Includes:</b> Facilitator</p>	<p><b>Business to a Tee: Team Golf</b></p> <ul style="list-style-type: none"> <li>• With your team, combine a 9 hole golf experience tailored to explore interdependent skills that reinforces personal leadership skills in a team setting environment.</li> </ul>
<p><b>Minimum:</b> 15  <b>Maximum:</b> N/A  <b>Duration:</b> TDB  <b>Cost:</b> TDB  <b>Includes:</b> Instructor and Equipment</p>	<p><b>Drumming</b></p> <ul style="list-style-type: none"> <li>• An unique and innovative team experience designed to build morale, enhance productivity and creating opportunities to become in sync towards a common purpose.</li> </ul>